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As alt-right posters appear about 'anti-white propaganda', one white guy is sending those targeted some love

metroNEWS

JEREMY SIMES/METRO

Funds for fun. Boom.

GREEN LIGHT

City provides \$200K relief to cash-strapped festivals



Jeremy Simes
Metro | Edmonton

Edmonton city councillors green lit much-needed funding for city festivals Monday, after cash-strapped organizations admitted losses are piling up to the point of unsustainability.

Council approved \$200,000 in rebates for festival organizers in 2016, as the city mulls a new funding model to keep organizers afloat.

"This is awesome," said Heritage Festival Executive Director Jim Gibbons. "I can't ask for more from the city."

Gibbons told council the organization lost \$85,000 this year. That's actually an improvement over last year, when the three-day festival in Hawrelak Park came

up \$189,000 short.

"It's pretty unsustainable," he said. "Lots of the costs are from hiring city staff, like police."

Like Heritage, other city festivals are dealing with increasing costs, according to Paul Lucas, a general manager with Taste of Edmonton and spokesperson for the Edmonton Festival Consortium.

"Times are changing and escalating costs are alarming," he said. "In some cases, festivals are paying for city services, 120 per cent more than the operating grant."

Last year 2.8 million people attended 24 festivals in Edmonton, and there were 233 event days.

But Adam Mitchell, executive director of Fringe Theatre Adventures, said raising ticket prices isn't the answer. "We've already increased vendor rates and ticket prices, and the costs keep going up," he said. "It's a struggle. It's a struggle for everybody."

Council will need to approve 2017-18 rebates in its next budget, and they expect to have a long-term solution in the next two to three years.

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Skate path creator left cold

DISPUTE

Freezeway's name changed; Gibbs says city rejected help



Alex Boyd
Metro | Edmonton

The creator of the Freezeway, the urban skating path that has garnered Edmonton international attention, says city officials have "steamrolled" him out of the very project he envisioned.

Matt Gibbs says after designing the original concept, which won top prize in the COLD-SCAPES International Urban Design competition in 2013, he poured thousands of dollars and hundreds of volunteer hours into the pilot project in Victoria Park last year, only to be jettisoned last month.

"It was not even, 'Thank you for your effort,' it was 'Thank you, please leave,'" Gibbs said Monday, from Vancouver.

The city announced Monday a slightly bigger ice path will be back in Victoria Park this winter, but under a different name: the IceWay. The reason? Depends on who you ask.

City spokesperson Gayleen Froese says some people last



Matt Gibbs, designer of the Freezeway, says he feels pushed out by the city. Edmonton is going forward with a similar frozen path project called the IceWay. METRO FILE

year associated the name with Gibbs' original proposal, a network of skating paths through downtown.

"People were confused because they heard about the Freezeway initially as this skate-to-work concept and this is a different application of this idea, so we thought it'd be better to go with a different name and people will be clearer," Froese said.

But Gibbs said the city treated

him "appallingly" for months by not answering his emails and continuing to use his artwork without credit. Then, he said, they told him his help wouldn't be needed.

He says in response he told them they couldn't use the Freezeway name.

"I have a right to defend my intellectual property which is the idea they're moving forward with," he said.

Roger Jevne, branch manager

of community and recreation facilities for the city, disagrees.

"The idea of a linear pathway isn't unique, they exist in parks all over North America," he said.

"It'll be very similar to last year, but (we're) just looking at renaming it."

Gibbs says the city originally approached him about developing the Freezeway.

Although last year's pilot — a 400-metre trail in a figure eight — was nowhere near what he'd

"I have a right to defend my intellectual property."

Matt Gibbs

originally proposed, he says he was eager to help.

Gibbs created artwork for the city to use, arranged the light installations and flew between Vancouver and Edmonton several times for meetings and media events — all out of pocket.

"I wanted to share my gifts with the City of Edmonton, my hometown [and] this was a project of passion I was devoting my heart to, and I thought I'd at least be graced with the opportunity to stay involved," he said.

The city has used the artwork he created to advertise the project. He points out the Freezeway garnered the city positive headlines.

"I'm really grateful that I was able to inspire this idea and bring it forward to the public," he said. "But to see the city operate as such bullies is mind blowing."

Jevne said that wasn't the city's intention.

"We feel bad for Mr. Gibbs — this is not an attempt to freeze him out."

DEVELOPMENT

Campus repurposing goes ahead



Jeremy Simes
Metro | Edmonton

The old MacEwan West Campus could soon be home to a public market, performance studio or a place for kids to play.

That's just a snippet of what possible renters are thinking, as more than 70 groups have expressed interest in the city-owned building, left vacant when MacEwan University consolidated its campus downtown.

Councillors voted to pursue the next steps to identify potential tenants.

"It would be a shame for it to not to become an arts space; that's what it's always been," said Diane Kereluk, executive director of the Stony Plain Business Association.

The city will take over the building next September. The total purchase and capital investment of the campus is \$75.9 million. Annual operating costs would be \$1.7 million.

Mayor Don Iveson acknowledged the building won't be a money-maker but said cultural vibrancy would offset that. "I do think we have an opportunity to do something quite special with this," he told council.

The city has until Feb. 13 to provide council with an update.

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WHITE NATIONALISM

City residents urged to stand up against 'alt-right' views



Jeremy Simes
Metro | Edmonton

Matt Edmonds is writing "nope" and "this is laughable" on posters in Edmonton that encourage white nationalism or feelings of white victimhood.

"Silence is just a form of agreement," said Edmonds of the posters, which have appeared along Whyte Avenue. "If I were a person of colour, I'd want to see people resisting this."

Unknown people have put up posters connected to the alt-right in Edmonton, which onlookers discovered Monday morning.

The posters read, "It's only racist when white people do it," and, "Tired of anti-white propaganda? You are not alone."



Matt Edmonds is spreading love instead of hate after alt-right posters appeared on Whyte Ave. on Monday. JEREMY SIMES/METRO

Edmonds said he was stunned to see the posters Monday morning.

"I want to believe that Edmonton is an accepting,

multicultural, vibrant city," he said. "At least my experience — which is of a white man — hasn't been hate-filled and there hasn't been overt racism



One of the alt-right posters put up in Edmonton.

AMEYA CHARNALIA/FOR METRO

"Silence is just a form of agreement."

Matt Edmonds

in the city, so for this thing to crop up was shocking."

Alt-right website northern-dawn.ca and YouTube channels by Stefan Molyneux and Black Pigeon Speaks appeared on the posters.

Black Pigeon Speaks and Molyneux's content is connected to the alt-right, a movement that can be linked to white nationalism, anti-immigration, pro-Donald Trump

and anti-political correctness.

Metro has requested comment from such groups, but hasn't yet heard back.

Even though Edmonds hasn't experienced racism in the city, there have been three high-profile racist incidents. They include anti-Sikh posters at the University of Alberta, and the caught-on-tape altercations involving Jesse Lipscombe and Bashir Mohamed.

Alt-right posters have also appeared in Toronto and, since U.S. President-elect Trump's win, there has been a barrage of crimes against people of colour in the United States.

Edmonds said he left the posters up — with his own comments — as a sign of solidarity with people of colour.

"I hope people know that these ideas aren't welcome in Edmonton, or anywhere," he said. "I'd love people to contribute their own thoughts on the posters because I think there's a lot of strength in numbers."

Love trumps hate, he added.

"If there's an overwhelming response of love for people of colour, I think that speaks more loudly than a couple of posters can."

ENVIRONMENT

Province backs coal phase-out

Alberta's environment minister says a federal plan to phase out coal-fired electricity helps validate the province's own goal and demonstrates there's no going back.

Shannon Phillips was responding to the Liberal government's intention to reduce greenhouse gas emissions by five megatonnes by 2030.

Federal Environment Minister Catherine McKenna says the goal is to make sure 90 per cent of Canada's electricity comes from sustainable sources — up from 80 per cent now.

Alberta is moving toward phasing out coal-fired electricity and replacing it with renewable energy such as wind, solar and hydro. That transition is already underway and Phillips says that will ensure Alberta's interests are served.

Under the federal plan, provinces can choose to phase out coal entirely and replace it with lower-emitting sources — as Alberta is doing — or they can use carbon capture and storage technology, McKenna said.

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PROVINCIAL GOVERNMENT

Child-welfare debate heats up legislature



Kevin Maimann
Metro | Edmonton

Emotions ran high at the Alberta legislature Monday afternoon after the Wildrose opposition sparked an emergency debate on the province's child welfare program.

The Wildrose called for the debate in response to reports the Office of the Child and Youth Advocate released last week focus-

ing on the deaths of two young children in care — specifically a four-year-old named Serenity who died in 2014 while being cared for by relatives, after she was moved from a foster home.

"This is getting out of hand. We need to fix this. That's not my political (sic) speaking, I'm really pissed off as a human being," Wildrose Shadow Human Services Minister Angela Pitt told Metro before tabling the motion.

A statement from the Wildrose Party says the reports show

"systemic problems" with the kinship care placement program that led to Serenity's death in September 2014, when she arrived at a central Alberta hospital severely bruised and underweight, with signs of sexual abuse.

It also states the kinship care program failed to screen properly, failed with training or inspection in homes and that Serenity's caretakers did not go through background checks or the suggested voluntary training.

Pitt acknowledged these events happened "under the PC watch," but said the recommendations must be implemented immediately.

"This isn't being addressed. There's no processes we've heard about, there's nothing that's being changed," Pitt said.

Alberta MLAs across parties got emotional, often shouting during the debate.

The girl's death is under criminal investigation but charges have not been laid.



Denis Taschuk, president and CEO of Radiant Technologies Inc., hopes to use his company's microwave technology to improve medical marijuana quality. AMEYA CHARNALIA/FOR METRO

Exploring the medical pot market

HEALTH

Company hopes to get licence for marijuana extraction tech



An Edmonton-based company is hoping to harness its technical expertise to tap into the burgeoning medical marijuana market.

Radiant Technologies Inc. has applied for a federal license to use its unique microwave-based extraction system for the medical marijuana industry.

Currently, the company uses microwaves for natural product extraction for various industries, including pharmaceuticals, nutritional supplements, food and beverage, cosmetics and tobacco.

If the company secures the license, it hopes to use the same technology to extract cannabinoids — a marijuana extract that gives users the sensation of being "high" — to meet changing

government regulations and for quality control.

Radiant specializes in producing extracts from natural material and can benefit licensed medical marijuana producers, said CEO Denis Taschuk.

"The real challenge for the industry going forward is scalability," he said. "We fit into this as that bridge between the distributor to the patients and the licensed producer."

With the pending legalization of marijuana in 2017, demand for higher-quality product is only going to increase, he said.

"Social stigma aside, this is a really interesting plant, or family of plants, to be working with."

With their one-of-a-kind technology, Taschuk said, Radiant will also be able to help producers and physicians regulate dosage

through the extraction process.

"We do have relevance to the community, in terms of being able to help diversify the economy, help channel young engineers and young chemists and botanists into a whole different area of work other than traditional farming or traditional oil and gas."

The real challenge for the industry going forward is scalability.

Denis Taschuk

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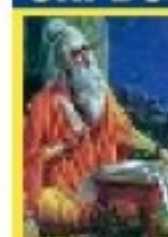


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PC leadership candidate Jason Kenney THE CANADIAN PRESS FILE

Kenney fined for breaking rules

EDMONTON-ELLERSLIE

Riding to hold new vote after Kenney won unanimously

Alberta Progressive Conservative leadership candidate Jason Kenney says he is disappointed in a party decision that he broke rules of the race.

Kenney's campaign team has been fined \$5,000 for failing to keep away from an area last week where leadership delegates were being picked in the constituency of Edmonton-Ellerslie.

The party's chief returning officer, Rob Dunseith, found Kenney organizers should not have set up a hospitality suite down the hall from the voting area and Kenney should not have been there.

In a statement issued Monday, Kenney's campaign team said the rules are too vague.

It says neither Kenney's appearance nor the hospitality suite were intended to sway the delegate vote, but were meant to thank Kenney supporters.

All 15 delegates picked in Edmonton-Ellerslie supported Kenney, but the delegate vote will be held again.

The party imposed the fine Sunday after receiving a report from Rob Dunseith into the delegate selection process in Edmonton-Ellerslie on Nov. 16.



It is precisely the type and locality of campaigning the rule was meant to prohibit.

Rob Dunseith

Party rules dictate there should be no partisan lobbying at the votes and that, for the same reason, leadership candidates should stay away.

Dunseith rejected Kenney's argument that the rules are too vague, particularly when it came to the hospitality room.

"(The room) was obviously meant to sway voters or reinforce their resolve to support Kenney delegates," he wrote.

"It is precisely the type and locality of campaigning the rule was meant to prohibit."

Party president Kathrine O'Neill said in a statement released Sunday night that the party is committed to a fair, open and transparent leadership race.

"We want to rebuild our trust and relationship with all Albertans."

A date for a new Edmonton-Ellerslie meeting has not been set.

THE CANADIAN PRESS

CRIME

Former banker accused of defrauding bank of \$3 million



Ameya Charnalia

For Metro | Edmonton

An Edmonton man allegedly defrauded his former employer of more than \$3 million, according to police.

A 61-year-old man is facing several charges in relation to the fraud, which police say occurred between 2004 and 2008 at an Edmonton branch of HSBC Bank Canada.

Investigators believe a man

who goes by Theodore, Ted or Franklin Glade "engaged in a range of methods" to divert the money into accounts controlled by himself and his former life partner, Edmund Leonardo, Edmonton police said in a statement Monday.

Investigators from the economic crimes unit combed through more than 10,000 pages of documents prior laying the charges, said police spokesman Scott Pattison.

"It's certainly a significant

fraud investigation and a lot of work went into it."

Glade is from Edmonton, Pattison said, and was formerly an accounts manager at the branch who "dealt with a number of loan applications."

Police have charged Glade with fraud over \$5,000, forgery, uttering forged documents, laundering proceeds of crime, personation to gain advantage and three counts of theft over \$5,000.

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Canadian forces 'has to change'

COURT

Lawsuit claims bullying, sexual assault of military women



Haley Ryan
Metro | Halifax

A Nova Scotia woman leading a proposed class action lawsuit is hoping to "incite some change" after speaking up with personal and graphic allegations of misogyny, sexual harassment and assault in the Canadian Armed Forces (CAF).

A statement of claim against the federal government was filed Monday with the Nova Scotia Supreme Court by Halifax-based lawyer Ray Wagner, saying the Attorney General of Canada is vicariously liable for the alleged misconduct.

"It almost feels like it's the norm for the military and that's not right. It has to change," Glynis Rogers, lead plaintiff and former CAF member, said in an interview Monday.

Rogers, from Yarmouth, is the only plaintiff now but if the case

proceeds the class could include any women who claim similar treatment.

After enrolling as officer in the CAF out of high school in 2006, Rogers attended the Royal Military College (RMC) in Kingston, Ont. The allegations happened in her time at RMC, the claim reads, job training in Greenwood, N.S., and at CFB Borden in Ontario when Rogers was in the aerospace engineer officer basic course.

The suit alleges Rogers encountered persistent and systemic gender-based discrimination, bullying and harassment from male members, especially during training.

Specific allegations range from offensive comments, including Rogers being called a slut on "numerous occasions," being slapped on her behind by a superior and having her intelligence regularly questioned, to



The severity of this issue has just been downplayed so much.

Glynis Rogers

a sexual assault in February 2012 when she was at CFB Borden.

The claim says Rogers eventually reported the incident and the male member was found guilty, but he later appealed and was acquitted.

"It's more the military culture, this misogynistic culture that causes these issues. Most women I'd assume would have at least some similar experiences," Rogers said. "It's almost ingrained."

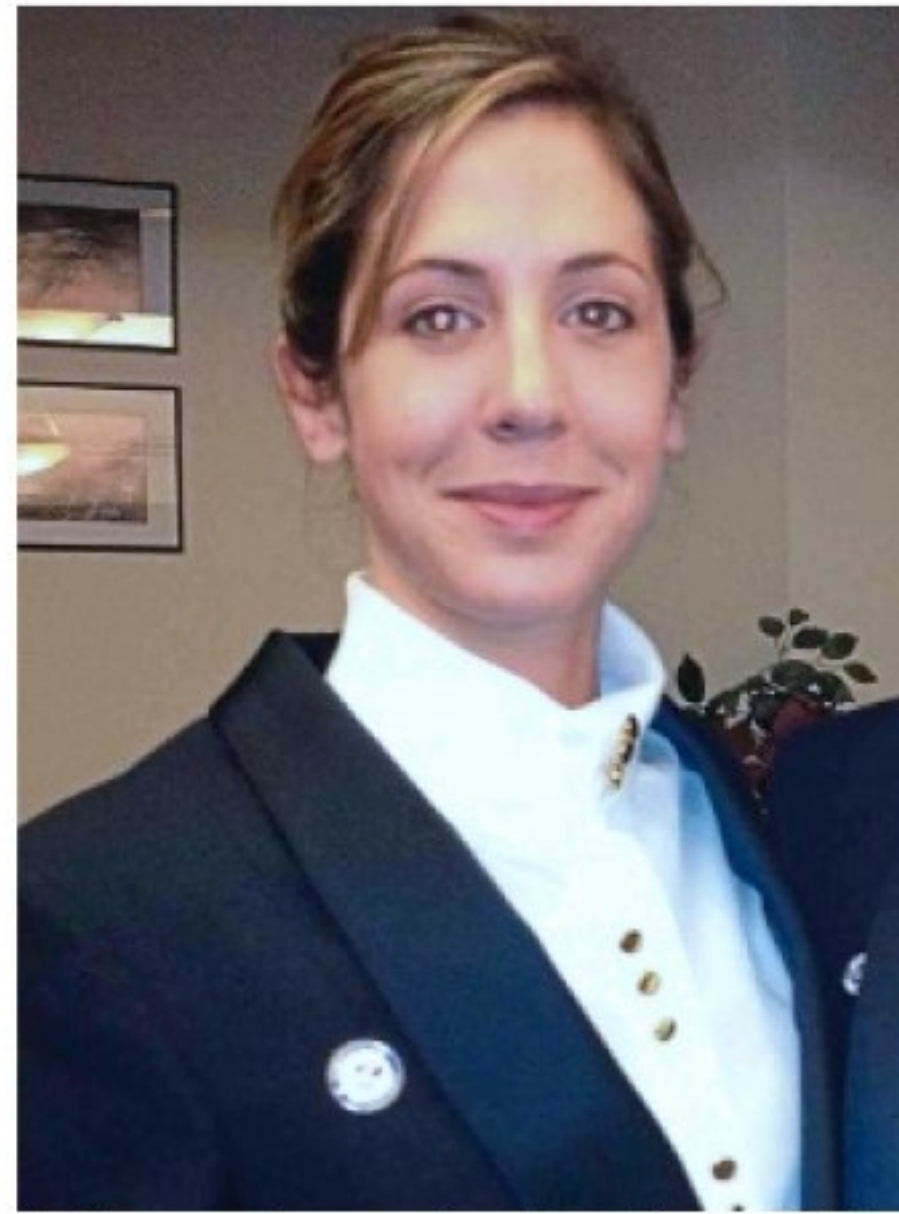
Although Rogers said having such personal details on the public record makes her feel "a little vulnerable," she feels it's vital to follow through with the suit.

"No matter what the outcome, if the military sees that this is a serious issue, that is my main goal."

It's tough for women in the CAF to speak up about any harassment, Rogers said, since they often feel like they won't be believed.

Rogers said the current policies aren't working - "Operation Honour," intended to address sexual harassment, is widely known in the military as "Hop On Her."

A spokesperson confirmed the CAF had been served with the lawsuit, and said the government is deciding its "next steps."



Glynis Rogers, a former member of CAF and lead plaintiff of the class action suit. CONTRIBUTED

STREETS

Homeless backpack heads to Vancouver



Jen St. Denis
Metro | Vancouver

A backpack designed specifically for the homeless and already distributed to 35,000 people in the United States is heading to Vancouver.

A Chicago charity called CityPak and Wolfe Auto Group, a vehicle dealership based in Surrey, have partnered to distribute a total of 750 backpacks in Vancouver and Surrey.

"It's made of ballistic nylon, it's very, very weather resistant," said Ron Kaplan, the founder of CityPak. The backpack is designed to be rain and theft-resistant, with a strap that can be worn around the wrist or ankle, and loud Velcro closures that would alert the wearer to an attempted theft.

It also has a waterproof pouch for important identification documents, straps on the bottom to hold a blanket or sleeping bag, and a poncho that fits into a pocket in the bag.

CRIME

'It was just a mistake': Restorative justice has real impact on lives



Yvette d'Entremont
Metro | Halifax

Carolyn Stewart and Meghan Peters sat together Monday morning, chatting like old friends.

They were nervously waiting

to speak with reporters following a press conference about the expansion of the province's restorative justice program.

The pair got to know each other after Stewart broke into Peters' café in Antigonish about a year ago. They opted to participate in adult restorative justice.

"I wanted to meet the woman who broke in and so I asked the police officer who arrested her if there was any way I'd be able to meet her and he said, 'Actually, there is,' and he spoke to the Crown," Peters recalled.

"I had so many questions. Why? How? And she answered

them and I saw that she was very, very remorseful and that it was just a mistake."

By the end of this month, Nova Scotia will have the only province-wide restorative justice program in Canada available to both adults and youth.

At a press conference on Mon-

day morning, Justice Minister Diana Whalen said the program has proven so successful with youth that it is being expanded to include adults.

"We've seen how restorative justice can benefit our youth and we believe it can do the same for adults," Whalen said.

Peters said she feels justice was served, and she and Stewart are working together to deliver a community dinner to help Stewart further "redeem" herself in the eyes of the community.

Stewart, 22, said breaking into the café was her first, and last, brush with the law.



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Trump to kill off trade deal

ECONOMY

President-elect vows to take executive action on day 1

President-elect Donald Trump has pledged to begin the process of withdrawing from the Trans-Pacific Trade Partnership on his first day in office.

In a video released on YouTube Monday, Trump attacked the 12-nation pact, which is aimed at removing barriers to trade and is awaiting ratification after seven years of negotiations, promising to replace it with a series of individual deals.

It will be part of a series of "executive actions we can take on day one," the incoming U.S. president said.

He said he will "issue a notification of intent to withdraw from the Trans-Pacific Trade Partnership, a potential disaster for our country."

He continued: "Instead, we

will negotiate for bilateral trade deals that bring jobs and industry back onto American shores."

Trump also said he will begin his term of office by cutting restrictions on some types of energy production, including shale gas and coal.

Earlier, Japanese Prime Minister Shinzo Abe said the TPP would be "meaningless" without the United States.

Abe spoke after attending a weekend meeting of Asia-Pacific leaders in Peru at which some said they might seek to modify the 12-nation TPP pact to make it more appealing to Trump, or seek to implement it without the U.S.

But Abe discounted the idea of going ahead without American participation.

"TPP is meaningless without the United States," he said at a news conference during his official visit to Argentina.

He also said the pact couldn't be renegotiated. "This would disturb the fundamental balance of benefits."

METRO WITH FILES FROM THE ASSOCIATED PRESS



INDIA SEARCH FOR SURVIVORS AMID RUBBLE An injured train passenger receives treatment at a hospital in Kanpur, on Monday. Rescuers continued their search for survivors amongst the twisted remains of a derailed train as the death toll from one of India's worst rail disasters rose to 145. About 226 people were hurt, including 76 with serious injuries. AFP/GETTY IMAGES



Trump outlined his plans for his first 100 days in office in a YouTube video released Monday YOUTUBE.COM

JAPAN

Fukushima on alert after powerful quake

A powerful earthquake off the northeast Japanese shore Tuesday sent residents fleeing to higher ground and prompted worries about the Fukushima nuclear power plant destroyed by a tsunami five years ago.

Lines of cars were seen snaking away from the coast in the pre-dawn hours after authorities issued a tsunami warning and urged residents to seek higher

ground immediately. The warning was lifted nearly four hours later.

The magnitude-7.4 earthquake struck in the same region that was devastated by a tsunami in 2011, killing some 18,000 people.

There were reports of minor injuries and damage, Japanese broadcaster NHK said. The earthquake shook buildings in Tokyo, 240 kilometres southwest of the

epicentre.

NHK also showed one person's video of water rushing up a river or canal, but well within the height of the embankment. It was eerily reminiscent of the 2011 disaster, when much larger tsunamis rushed up rivers and overflowed, wiping away entire neighbourhoods.

On Tuesday, tsunami waves were recorded along the coast.

The highest one was 1.4 metres in Sendai Bay. A tsunami advisory for waves of up to one metre remained in effect along the coast.

The operator of the Fukushima Dai-ichi plant said there were no abnormalities observed at the plant, though a swelling of the tide of up to one metre was detected offshore.

THE ASSOCIATED PRESS

THE ROYALS

Parenting 'quite a change' for William

Prince William has spoken about fatherhood, revealing he's just like regular parents and has "struggled at times."

The royal, who was on a two-day trip to Vietnam to raise awareness about illegal wildlife trade, gave a lengthy interview to Talk Vietnam.

As well as discussing wildlife protection in a recent interview, he spoke about his wife, Kate Middleton, and his two children, Prince George, 3, and Princess Charlotte, 1.

"There's wonderful highs and there's wonderful lows," Prince William said of parenthood. "It's been quite a change for me personally. I'm very lucky in the support I have from Catherine. She's an amazing mother and a fantastic



Prince George and his father Prince William at Government House in Victoria, B.C. in September. THE CANADIAN PRESS

wife."

"But I've struggled at times," he added. "The alteration from being a single,

independent man to going into marriage and then having children is life-changing. I adore my children very

much and I've learned a lot about myself and family just from having my own children. It's amazing how much you pick up just in those moments."

The Prince spoke about his son George, calling him "a little rascal," who "keeps me on my toes."

"But he's a sweet boy," Prince William added.

He also talked about his daughter Charlotte. The Prince, who grew up with his brother Prince Harry, did not have any sisters, and said "having a daughter is a very different dynamic."

"So I'm learning about having a daughter ... but it's wonderful and fantastic."

TORSTAR NEWS SERVICE

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Tech giants investing in Montreal

ARTIFICIAL INTELLIGENCE

Google sees city as 'super-cluster' of knowledge

Artificial intelligence, once relegated to the realm of science fiction, is now found in everything from translation services to virtual assistants to video games.

And as companies race to develop self-driving cars and offer increasingly personalized online experiences, they're building on research that was largely pioneered by a group of Canadian researchers who are still attracting plenty of attention and investment dollars.

Montreal, in particular, has developed a concentration of expertise in the area of AI, largely thanks to the efforts of Université de Montréal professor Yoshua Bengio, head of the Montreal Institute

for Learning Algorithms (MILA). "(AI) will affect pretty much every economic sector; right now is just the tip of the iceberg," Bengio said.

"One of the things we are going to see more of is how these technologies affect how we interact with computers."

As a result of its research, Bengio says the institute has attracted interest from "most of the major IT companies," some of which have also provided funding.

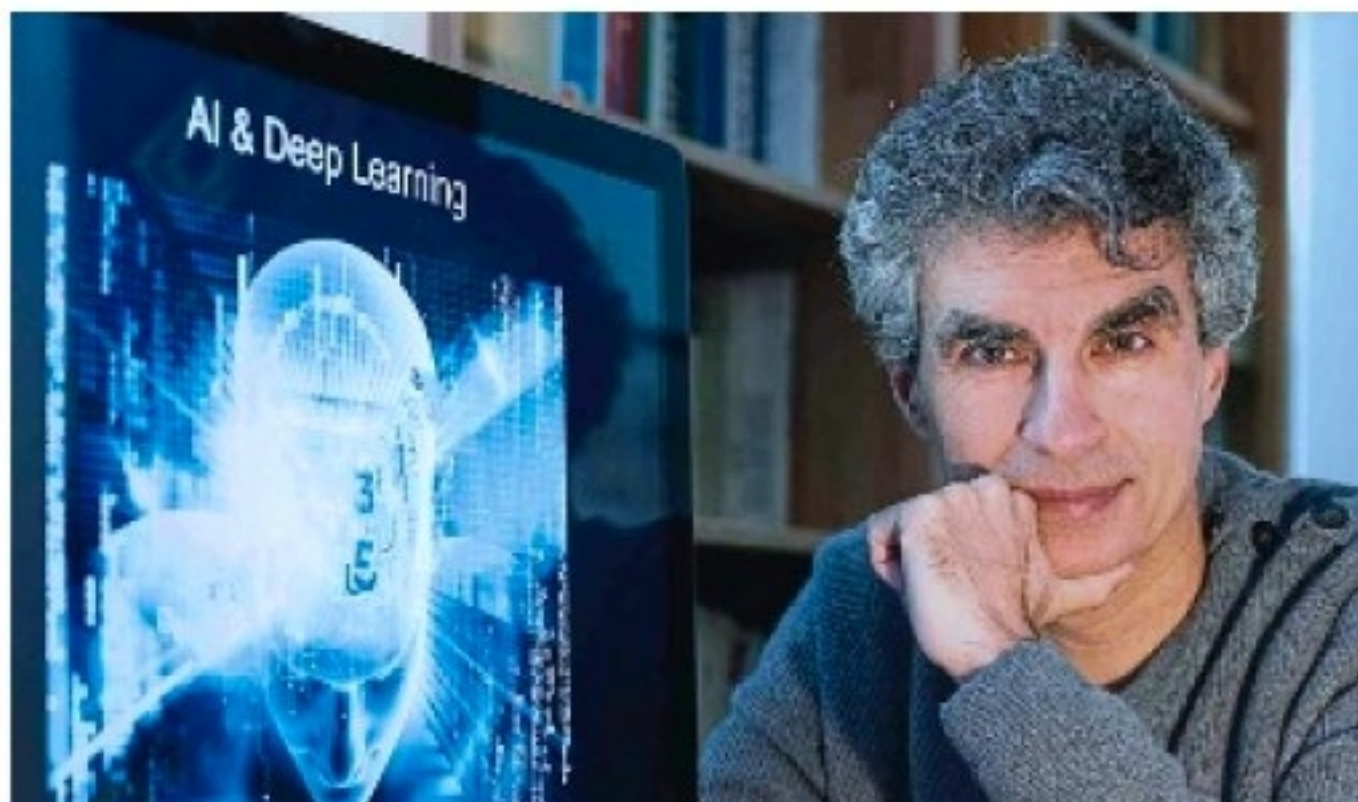
Now, tech giant Google is jumping in, investing \$4.5 million over three years to support the institute's research, as well as opening an AI research group at its Montreal office.

This comes on the heels of the Canadian government announcing an investment of more than \$200 million in three Montreal universities — including Bengio's — to create a learning hub to explore artificial intelligence and big data.

“

At some point you'll just talk to computers and they'll understand what you want.

Professor Yoshua Bengio



Computer Science professor Yoshua Bengio says artificial intelligence "will affect pretty much every economic sector." THE CANADIAN PRESS

Shibl Mourad, the head of engineering for Google's Montreal office, says the company hopes to help turn the city into a "super-cluster" of AI knowledge that will attract corporate investors, burgeoning startups and researchers.

He said much of the credit goes to Bengio and his colleagues, whose research over the last decade

has put the city ahead of its competitors.

"Their contribution was foundational," he said.

Had these researchers not invested that decade of their lives, "we would not be where we are," Mourad said.

The lab Bengio leads is one of the largest in the world dedi-

cated to studying Deep Learning, one of the underpinnings of AI.

Over the past decade, they learned that by layering several "neural networks" that mimic how the brain works, computer programs could "learn" to solve complex problems on their own instead of needing to be programmed step-by-step.

By analyzing a large number of examples, the program could eventually learn to identify patterns — such as recognizing objects in photos or language patterns.

This fundamental research has led to breakthroughs in translation programs, personal assistance, "smart" cameras and self-driving cars, among others, Bengio says.

"At some point you'll just talk to computers and they'll understand what you want and what you need," he said.

Bengio says AI knowledge also has broad applications in the medical field, and could be used to help doctors read scans, research and diagnose conditions, or sift through the massive amount of information contained in the human genome.

In the short term, he's hoping the new investments will help Montreal "capitalize on its advance" by attracting corporations and startups to set up in the city — hopefully reversing the brain drain that has seen many of the brightest researchers leave to find employment elsewhere.

THE CANADIAN PRESS

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BROADCASTING

Regulator reins in TV providers

Canada's broadcast regulator renewed the licences of most TV service providers for one year, rather than the usual seven-year term, as it keeps a close eye on whether their basic cable offerings are keeping customers' interests and wallets in mind.

"We have the one-year licence renewal to have a watchful eye on the deployment of this next phase of the Let's Talk TV policy," said Scott Hutton, the CRTC's executive director of broadcasting.

The Canadian Radio-television and Telecommunications Commission's so-called skinny basic TV policy goes into full effect on Dec. 1.

The regulator released a set of best practices Monday "to ensure that there's some course correction," Hutton said.

The CRTC said companies should give customers information on the soon-to-be available choices, offer online tools that will allow subscribers to add or remove channels easily and provide different options for obtaining a set-top box, among other things.

THE CANADIAN PRESS



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EMMA TEITEL ON GOOD CITIZENSHIP IN A NEW MEDIA AGE

We live in a state of social, technological and political flux. And like the 'poor devils' on Downton we appear to be acting like 'chickens with our heads cut off.'



This past week, when my wife Ella was sick with bronchitis and depressed about the victory of Donald Trump, she escaped into the soothing, low-stakes world of Downton Abbey.

Downton Abbey is a place where picking up the wrong fork at dinner is a sin on par with manslaughter, as is walking into the servants' quarters unannounced and wearing to supper what you wore to lunch.

Ella laughed hard when Mr. Carson, Downton's officious butler with a heart of burnished gold, struggled to use the telephone.

And she laughed again when Lord Grantham, the estate's patriarch, balked at his young niece Lady Rose's suggestion that Downton Abbey get (gasp!) a radio.

But I didn't laugh. In fact, I couldn't laugh, not just because I had already binge-watched Downton Abbey ages ago, but because the apparently absurd, change-wary world it portrayed no longer struck me as quaint and escapist but as uncomfortably familiar.

The stretch isn't as hard as you might think. Like the characters on Downton Abbey (both upstairs and down) we too live at the relative dawn of a new century, in a state of social, technological and political flux. And like the "poor devils" on Downton (to borrow a phrase from Lord Grantham) we also appear to be navigating this new world like (to borrow a phrase from Mrs. Pat-

more, Downton's exasperated cook) "a bunch of chickens with our heads cut off."

For proof of our own extreme cognitive dissonance, a hundred years post-Downton, look no further than the deluge of doomsday predictions and anxious monologues that continue to dominate our social-media news feeds day in

and day out, partly the result of Donald Trump's improbable victory and the piqued conservative reaction to liberal anguish about that victory. But even more the result of the very revolutionary online media we've had to navigate, an innovation as problematic as, yes, the radio once was.



HEALTHY SKEPTICISM? Mr. Carson, Downton Abbey's butler, didn't even trust the radio. What would he make of Facebook? CONTRIBUTED

In fact the online universe is also instrumental in another development that might be even more troubling: This is the growing charge that phoney and fabricated news stories, consumed and shared en masse on Facebook, have begun to take a far greater role in deciding our elections and shaping our democracies than the legacy media institutions that ruled the 20th century.

In other words, Goodbye New York Times, Hello The Daily Current, Breitbart and Clickhole. Today, nearly half

of American adults get their news from Facebook, and a lot of that news, unknown to the people sharing it, originates from media sources that are not merely biased but often satirical, hyper-partisan and deliberately misleading.

If you don't think this is a problem, you either aren't on Facebook or you're a spokes-

person for it.

Facebook, predictably, tried its very best this week to deny that it had an outsized influence on the U.S. election. According to a spokesperson from the social network, in a written statement to the Toronto Star, "While Facebook played a part in this election, it was just one of many ways people received their information — and was one of the many ways people connected with their leaders, engaged in the political process and shared their views."

In Facebook's defence, there are people around who still read print newspapers and listen to the radio, but this group (much like the lords and ladies of Downton Abbey in 1916) is a quickly dying breed. According to the American Press Institute, "Fully 88 per cent of Millennials get news from Fa-

cebook regularly, for instance, and more than half of them do so daily."

Given those statistics, here's hoping that they (i.e. we) take to heart the advice of Melissa Zimdars, a Massachusetts college professor, who recently compiled a list of phoney and misleading news sites that peddle half-truths, untruths and screaming headlines written specifically to get our goat.

If an online news story "makes you REALLY ANGRY," writes Zimdars in a Google Document she's made available to the general public, "it's probably a good idea to keep reading about the topic via other sources to make sure the story you read wasn't purposefully trying to make you angry (with potentially misleading or false information) in order to generate shares and ad revenue."

Amen. We have a duty to ourselves, to our democracies and to future generations to brush up on our media literacy skills. And we have a duty not to scoff at new media, as Lord Grantham and Mr. Carson scoff at the radio, or to kowtow to it (as they eventually do), but to use it subversively, with a healthy dose of skepticism, and to use it to share information responsibly.

This is nothing more than paying it forward. Before we know it, our great grandchildren will be escaping the madness of their own day (ahem, climate change) to indulge in TV dramas about the early 21st century, a time and place when their ancestors attempted something called "the mannequin challenge" and swallowed wholesale phoney news stories about the end of the world. Let's try not to give them too much material to roll their eyes at.

Emma Teitel is a national affairs columnist for the Toronto Star.

Green space key to community growth

URBAN PARADIS

Danielle Paradis



Many residents living the new highrise buildings downtown currently have a spectacular view — of the city's overwhelming amount of surface parking, that is.

I'm one of them. Every day I wake up to a view of a grey lot, and the occasional rattle of a stray shopping cart.

When we develop green-field lots, which become our future suburbs, it's normal to create and even necessitate green zones for them. Residents there have come to expect back porches that look out on ponds and green fields.

Meanwhile, downtown residents (who cost the city a whole lot less) have been expected to put up with fewer parks and more parking lots.

They live among the office towers, after all, and heaven forbid commuters from outside the core walk more than a block or two to get to work.

Well, enough of that: In order to grow community, downtown must grow vegetation.

So it's definitely welcome news that there's a report heading to the Urban Planning Committee Wednesday that proposes a new downtown park. It'll be located around 106 Street and 102 Avenue. Currently this area is just swaths of surface parking.

"This really makes my year because this is something we've been really advocating for a long time," Chris Buyze, president of the Downtown Edmonton Community League, told Metro last week.

He has been pushing for a new park downtown for five years.

"For people living in high-rises, parks really become living rooms," Buyze added.

We downtown dwellers don't have the benefit of a backyard, and during the summer it's nice to have a public space where people can stretch out and read books, play Frisbee, and walk their dogs.

The report says that current negotiations with the owners of these lots have not been fruitful and it recommends the city expropriate the land under the Expropriation Act if no other resolutions can be made.

When parks are created downtown they are often on private land, like the Melcor Park, which Occupy Edmonton took over a few years ago, or Frank Oliver Park, which is now for sale.

Places like the city's Michael Phair parklet are wonderful little additions, but now that the downtown building height restrictions have been lifted, developers are planning skyscrapers that will block out the sun to them.

Like many who walk around in the downtown core, I have come to despise the plethora of surface parking lots. It creates a cold and isolating feeling when you walk through block after block of cement.

And for a woman, these dimly lit areas do not feel safe.

Expropriation is the act of a government taking privately owned property for the purpose of the public good. Parks really are for the public good. Increasing numbers of people downtown means increased foot traffic and that creates a vibrant space for both single people and families.

Let's expropriate this land and build this park.

We have a duty to our democracies and to future generations to brush up on our media literacy skills.

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ATHLETICS

Millennials say spending more on exercise is worth it

Megan Haynes
For Metro Canada



Carly Chow likes to move. The 30-year-old has done everything from juggling and burlesque classes, to samba lessons and pole dancing.

The sales and marketing professional also does flexibility/contortion classes (to help her get into the hard-to-reach splits for certain pole tricks), as well as lyra (hanging hula hoop dancing) and occasionally silk aerial classes. Sometimes she even sneaks in a game of dodgeball.

The array of aerobics helps her work on her upper body strength, and ensure the Albertan, who now lives in Toronto, can eat as much steak as she likes.

It's one reason the monthly price tag (approximately \$140 for a subscription to her dance studio, \$80 every two months for performance troupes, \$45 for the occasional workshop, \$15 for drop-in classes elsewhere, plus gear) doesn't turn her off.

She's not the only millennial dropping big bucks for fitness. The industry is growing — private gyms grew 5.6 per cent between 2011 and 2016, and is now a \$3 billion industry, according to research firm Ibis. Millennials make up 40 per cent of aerobic activity participants (activities other than weights, running or biking), says Matthew Teeple, manager sports, at research firm NPD Group. Athletic clothing and footwear is also growing at a rate of seven per cent a year, he says, and millennials in particular make up 30 per cent of these purchases — or more than \$2.4 billion annually.

Sensing the opportunity, higher-end specialized studios have been creeping into the market. Earlier this month, New-York based cycling studio SoulCycle announced it will bring its classes (ap-



Carly Chow (above) and Jennica Fudge (right) spend about \$2,000 and \$1,000 a year, respectively, on classes. CONTRIBUTED

proximately \$34 US per class, plus \$3 for clip-in shoe rentals) to Canada.

That may be pricey for some, but millennials overall want to lead "healthier" lifestyles and are willing to prioritize spending on it as a result, Teeple says.

Elijah Di Gangi, 28, has been a fitness

buff for the past decade. The marketing professional estimates his gym membership cost to be \$100 a month (although about half of it is subsidized by work), while supplements and vitamins add up to about \$60 each month.

"I have no qualms with paying that

amount. I think it pays for itself in how great I feel, and certainly I'd rather spend the money on bettering myself physically than drinking or squandering it on things I don't need."

Chow also is comfortable with how much she spends, and not just because

\$ MONEY

Cut other monthly expenses to save in favour of fitness costs

When it comes to fitness, the key is to live within your means, says Shannon Simmons, a financial planner and founder of New School of Finances. Cut other recurring costs, like cable, or negotiating a smaller cellphone bill, to help balance the budget. Walking more or eating out less can also be healthy ways of saving money in favour of fitness.

Never let the cost of a membership — often a subscription that isn't seen — sit on a credit card, and never sacrifice savings goals for a quick work out, she says.

Finally, if you're paying for a gym class or membership, make sure to take full advantage of the workout.

MEGAN HAYNES/FOR METRO

of the fitness aspect. She appreciates the sense of community and the comfort level she develops with the teachers and fellow students at her classes.

"I like working out as a socializing activity — you can talk to your friends, make new ones," she says. "It's a safe environment and it's a supportive community."

Ottawa-based Jennica Fudge does four to five belly dancing classes a week, at an average cost of \$135 a month. It's a creative outlet for the 29-year-old graphic designer, who also sees the dance classes as a way to connect with new people.

She says the cost isn't a concern — she has a pretty strict budget, and tries to

stay well within it while continuing to meet her savings goals.

She also says she's frugal with the rest of her money.

"It's not like I'm going to go drop money on an expensive jacket," says Fudge. "And if there's one month I can't afford the class, then I don't go."



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Gilmore the merrier for girls' comeback

NETFLIX

Lorelai, Rory and Co. return and serve up a slice of comfort

The familiar voices float softly from a black screen, as if in a dream.

There's Luke, gruffly: "How many cups have you had this morning?" And this parent-child banter: "Did you do something slutty?" Rory teasingly asks her mom. "I'm not THAT happy," shoots back Lorelai.

Thankfully, it's not imagined. It's the reality of *Gilmore Girls*, returning Friday after a nine-year absence, during which longtime fans pined for what they'd lost and newcomers discovered what they'd missed through reruns.

Opening-credit snippets of the show's hallmark dialogue kick off Netflix's sequel to the 2000-07 broadcast series with a promise: the characters, their snappy banter and the show's key notes will be honoured.

But the four-part *Gilmore Girls: A Year in the Life* is aimed at more than true believers, creator Amy Sherman-Palladino said in an interview.

"We want it to be something that fans know, but if you haven't watched *Gilmore* you can come to it fresh and take it on face value: It's a story of three women, an intergenerational, multi-generational story, and you are catching them at times that each of their lives is changing."

That trio around which the universe rotates consists of devoted single mom Lorelai Gilmore (Lauren



Lorelai and Rory Gilmore (Lauren Graham and Alexis Bledel) are back in our lives. NETFLIX

Graham), her equally devoted daughter Rory (Alexis Bledel) and stern grandmother Emily (Kelly Bishop). As the first chapter opens, Lorelai and Rory are still the belles of fictional Connecticut hamlet Stars Hollow — so perfect, quips Lorelai, it belongs in a snow globe.

Luke (Scott Patterson), Lorelai's on-again, off-again love is here, as are the supporting characters who gave the show, well, character. That includes official town nudge Taylor (now lobbying for a sewer system); reliably idiosyncratic Kirk (he's just launched Ooover, a non-app version of Uber) and even buoyant chef Sookie (courtesy of Melissa McCarthy's return to her TV roots).

Whatever bliss viewers find in the girl-power dramedy's resurrection may be exceeded only by that of

Sherman-Palladino, who wrote and produced it with Dan Palladino, her husband and partner on the sequel and the original.

"It was literally like no time had passed," Sherman-Palladino told a TV critics' news conference. "It was joyous. It was fun. It was exhilarating."

"I think it's because it's extremely comforting in a world that is lacking comfort and has a great choice of shows available that are stressful — great, but stressful — and so this kind of stands out in the way that it did then," she said.

The 90-minute episodes follow the seasons and are titled for each, starting with Winter. While Lorelai and Emily face Richard's death in their own way, they also find their relationship affected by it.

Rory's romantic past is a factor as all of her ex-boyfriends appear "one way or another," said Bledel. So is the character's journalism career, and while Bledel is aware that her character's love life intrigues viewers, she'd like

them to consider the complete young woman.

"There is so much more to her character that it's great when people focus on those things, on her ambition and her accomplishments," the actress said.

Given that all the episodes will be made available at once on streaming service Netflix, Sherman-Palladino sees trouble on the horizon.

After holding close the four words she's long said should end the *Gilmore* saga (she wasn't in charge of the show's last season on the CW network), she wants viewers to avoid spoiling the experience, either by posting the phrase or by impatiently jumping to the final scene.

"It's going to mean a lot more if you've taken the journey, and it's going to mean a lot less if you just flip to the last page. ... It's a fun trip. It's worth it," she said.

THE ASSOCIATED PRESS



JOHANNA SCHNELLER
WHAT I'M WATCHING



One visit to Atlanta is just not enough, given the subtle tone and the ultra dry wit throughout the series. CONTRIBUTED

Atlanta is definitely worth a return trip

THE SHOW: *Atlanta*, Season 1, Episode 9

THE MOMENT: The playwright

Earn (Donald Glover) and Vanessa (Zazie Beetz), the mother of his daughter, attend a June-teenth party thrown by a rich, interracial couple. Vanessa is hoping to impress the wife, a black woman who wishes she were white. The white husband, who wishes he were black, is trying to impress Earn.

Earn hates it all: the vibe, which he likens to a "Spike Lee-directed *Eyes Wide Shut*." The centrepieces shaped like slave ships. The pretentious guests, including a woman playwright who touts her latest work, *With Tail Between Legs*.

"It takes place in a strip club," she trills. "Two gang-bangers hold a pastor, a drug dealer and a pregnant teen hostage, in the middle of Hurricane Katrina."

"That's a real situation," Earn dead-pans.

"I'm glad that story is being told."

This is the third new series starring black characters who are navigating through largely white worlds (the other two are *Insecure* and *Queen Sugar*) and it's the most original.

Glover, who created and writes it, has absorbed a key lesson from his years on *Community*: you can pull off anything on television if you're fearless enough.

So Earn, a depressed Princeton dropout who's managing his rapper cousin, can spend one episode at a fundraiser with Justin Bieber (who in the world of this show is black) and another witnessing his Uber driver being shot by cops for dealing drugs and weapons.

The tone is so subtle and the wit so dry, each episode is better the second time you watch it. *Atlanta* airs on FX Canada.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.



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Welcome to the age of prejuvenation



Dr. Cory Torgerson, a Toronto-based cosmetic plastic surgeon, said he's been seeing a trend of millennials coming in for preventative Botox. He started using Botox himself in his late 20s for the same reason. AZZURA LALANI/TORSTAR NEWS SERVICE

COSMETIC SURGERY

Hold the lines: millennials are turning to Botox earlier than ever

Some millennials keen on preserving their youth are turning to Botox to smooth away hints of creases on their faces before they become pronounced.

A recent survey of American Academy of Facial Plastic and Reconstructive Surgery members reported a surge in patients under 30 getting "preventative Botox."

And it appears to be a broader trend. Toronto-based cosmetic plastic surgeon Cory Torgerson whose practice focuses on the face and neck said he's "definitely seeing" it.

"The (millennials) are cued in to preventative maintenance and are engaging in injectable cosmetic procedures more commonly in their 20s and 30s," said Torgerson.

In the U.S. survey, 64 per cent of members reported an increase in millennial patients getting injectable treatments or cosmetic

surgery. The American Society for Aesthetic Plastic Surgery reported that Botox treatments for people between the ages of 19 to 34 shot up by 41 per cent between 2011 and 2015. The trend doesn't surprise Candace Shaw, a Toronto-based feminist and cultural commentator.

"We have such an image driven culture, so I can see why a lot of people, especially people who grew up in a culture where we have the Internet, we have Facebook, we have Instagram, are responding by saying, 'well, I want to look my best and in this culture my best is not having wrinkles,'" she said.

Gina Bourne, a 31-year-old OCAD student who also works as an executive assistant, started getting Botox when she was 29.

"(At the time) nobody I knew was doing it," she said. "I had these lines between my eyebrows and on my forehead and I just had been feeling like I was looking a little tired for a while."

Bourne did some research and found Botox, one of three products that stop muscles from contracting, pulling on the skin and creating wrinkles, was preventative, so she kept the treatments

up. She thinks she'll do it for the rest of her life, she said, barring any advancements.

"I definitely feel that it's had a good result for me," she said. It feels smoothed out, said Bourne, adding she doesn't look tired and doesn't worry about going out without makeup on."

Dr. Sean Rice, a Toronto-based plastic and cosmetic surgeon, said many of his clients come in when they are "starting to see (wrinkles) and it's kind of freaking them out," he said, adding they use it as a prophylactic measure to "avoid getting wrinkles down the road."

It's not just the pre-creased millennial women who are smoothing the developing lines. Young men do too. Torgerson estimates about 25 per cent of his millennial-age clients are men.

Part of that is the greater pressure on women to look young.

"On the one hand it's a shame that people feel the pressure to take fairly invasive medical steps to avoid aging," said Shaw.

"But on the other hand I have to say, you know, I can't judge an individual for making a choice for what to do with their body."

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MEDICAL PROCEDURES

Female genital procedures on the rise

Kristin Jones endured a "horrific" delivery when her daughter was born five years ago. It ended with an episiotomy — a surgical cut to enlarge the vaginal area — that led to stitches and an infection. Afterwards, she had no sensation in her bladder.

Despite attending physiotherapy sessions to strengthen her pelvic floor, Jones recalls once standing up and feeling a gush of fluid. She began sobbing in front of her husband, mortified by the experience.

"Changing your daughter's diapers is fine, but do you want

to change your wife's diapers too?" the 34-year-old Ayr, Ont., teacher says, reflecting on the incident. "Your dignity is gone."

Eventually, sensation in her bladder returned and, with a lot of physiotherapy, some control returned as well. But after her second child was born, Jones' bladder problems came back with a vengeance. Coughing, sneezing, laughing, running — anything might cause a leak.

Living in constant fear of a bladder mishap, she went to a urogynecologist in Toronto, who told her she could have an OHIP-

covered procedure involving a mesh implant or try a pricey vaginal laser therapy treatment called Incontilase that's not covered by OHIP but could, potentially, help Jones' leakage issues.

While female genital procedures have been on the rise in recent years, what's most often discussed are the cosmetic reasons — women wanting to trim the lips of their labia or reduce the side of their clitoral hood, for instance. Research studies and data show female genital surgery, for both cosmetic and medical reasons, is on the rise around the world.

The increasing number of female genital cosmetic surgery procedures available to Canadian women also include clitoral hood size reduction, perineoplasty, vaginoplasty, hymenoplasty, and G-spot augmentation — procedures which typically cost anywhere from \$3,000 to more than \$6,500.

More broadly, women coming in for female genital procedures are sometimes seeking treatment for urinary incontinence or laxity of the vaginal canal after childbirth, which could be hindering their sex life or making the region uncomfortable, Brown says.

In Jones' case, she opted for the Incontilase procedure, and says the roughly \$2,500 cost was money well spent since the experience was largely pain-free.



Kristin Jones suffered from post-childbirth incontinence. NAKITA KRUCKER/TORSTAR NEWS

"I think that alone makes it so much better than having a surgical procedure where you have stitches and you're recovering for six weeks," Jones says.

For Jones, the laser procedure has since been helpful in improving her bladder function, but she questions why it's not yet covered by OHIP.

"If you're having a breast reduction for cosmetic reasons, you pay for it, but if it's for medical reasons — OHIP pays for it. This is for quality of life, and I'm paying for it out of pocket," she says.

Her bladder function post-procedure isn't "perfect," she says, but a marked improvement, and she no longer has to worry about laughs or sneezes.

"I feel like I'm on the way to getting my life back," she says.

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6	9	2	3	4	8	5	7	1
8	7	1	5	2	9	4	6	3
5	3	4	1	6	7	8	2	9
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Canadian opera group The Tenors will perform the anthem at the Grey Cup without controversial "All Lives Matter" ex-member Remigio Pereira

Canadian rookie earns his first win in a playoff

PGA TOUR

Hughes caps wire-to-wire victory with unlikely finish

Mackenzie Hughes figured he was down to his last chance to stay alive in a four-man playoff Monday morning in the RSM Classic.

The Canadian rookie with pluck and a pure putting stroke poured in an 18-foot par putt from off the 17th green at Sea Island, and that last chance turned into his first PGA Tour victory when the other three players all missed from 10 feet or closer.

"I made the putt of my life right there," Hughes said.

Hughes, from Dundas, Ont., calmed his nerves and came up clutch in the morning chill, becoming the first PGA Tour rookie in 20 years to go wire-to-wire for his first victory. The

final day of a long year on the PGA Tour brought a most unlikely finish.

Hughes had a chance to end it Sunday until his 10-foot birdie putt in the dark on the 18th hole turned away. The next morning, he was the only player who was never on the green at the par-3 17th until his ball was in the cup.

Blayne Barber, Henrik Norlander and Camilo Villegas narrowly missed their par putts to extend the playoff.

Hughes was watching from off the green, and the prospect of winning became more real with each putt that missed — first Barber, then Norlander. And when Villegas missed his

seven-footer, Hughes dropped his putter, turned his back on the green and knocked off his cap as he rubbed his head in disbelief.

"If I didn't make, I thought I was probably out," Hughes said. "Before I hit it, the thought was, 'Just make them think about it.' Put this putt in first, and if you



Mackenzie Hughes reacts after winning his first PGA Tour tournament on Monday in St. Simons Island, Ga.

STREETER LECKA/GETTY IMAGES

can be the first guy in, put the pressure back on them. And that's what happened."

The victory sends the 25-year-old to the Masters. One of his most vivid golf memories as a kid was watching Mike Weir win the green jacket in 2003.

"He was texting me last night a little bit," Hughes said. "It's pretty cool to have a guy like that to lean on for advice."

The last rookie to go wire-to-wire for his first win was Tim Herron at the 1996 Honda Classic. Hughes started this week

with a 61, and he led after every round until he was posing with tournament host Davis Love III with the trophy.

Hughes, who closed with a 69 and finished at 17-under 265, capped a memorable fall season.

THE ASSOCIATED PRESS

BASEBALL HALL OF FAME

More stars linked to steroids on ballot

Steroids-tainted stars Manny Ramirez and Ivan Rodriguez are on baseball's Hall of Fame ballot for the first time along with Vladimir Guerrero.

Jeff Bagwell is the top hold-over on the 2017 Baseball Writers' Association of America 34-player ballot announced Monday. He fell 15 votes short of the required 75 per cent in 2016 voting.

Ramirez was suspended for 50 games in 2009 while with the Los Angeles Dodgers for using a banned female fertility drug while Rodriguez was never disciplined for PEDs but former Texas teammate Jose Canseco alleged in a 2005 book that he injected the catcher with steroids.

Guerrero was the 2004 AL MVP with the Anaheim Angels. He hit .318 with 449 homers and 1,496 RBIs in 16 big-league seasons. THE ASSOCIATED PRESS

5

Roger Clemens and Barry Bonds are on the ballot for the fifth time.

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NFL IN BRIEF

Rangers cruise past Pens

J.T. Miller scored short-handed to cap a second-period rally, helping the New York Rangers overcome an early two-goal deficit to beat the Pittsburgh Penguins 5-2 on Monday night.

The teams play again Wednesday night at Madison Square Garden to complete

a pivotal. The Penguins have lost four of six and trail the first-place Rangers by four points. THE ASSOCIATED PRESS

Sabres quench Flames

Kyle Okposo had a goal and an assist, helping the Buffalo Sabres bust an offensive slump with three power-play goals in a 4-2 win against the

Calgary Flames on Monday.

Johan Larsson, Matt Moulson and Marcus Foligno also scored for the Sabres, who reached three goals in a game for the first time in 11 chances, since a 3-1 win at Winnipeg on Oct. 30. Buffalo has won consecutive games for just the second time this season. THE ASSOCIATED PRESS

Grey Cup return for Redblacks' Reed

CFL PLAYOFFS

Ottawa linebacker eyes title against former team

Taylor Reed's season began with the Calgary Stampeders and will end Sunday against them.

Reed expects to play Sunday when Ottawa faces Calgary in the Grey Cup at BMO Field. An upper-body injury knocked the rugged linebacker out of the Redblacks' 35-23 East Division final win over the Edmonton Eskimos on Sunday but Reed said the unspecified ailment wasn't major.

"I'll get a little treatment and it'll be good," he said. "My defence is getting on me saying I should've sucked it up and gone back in but (Sederius Bryant) did a great job coming in and I knew he could get it done."

"I knew this defence and this team could get it done. All's well that ends well, we're going to the Grey Cup."

The six-foot, 241-pound Reed opened 2016 with Calgary after signing with the club as a key free agent in the off-season. Reed played 10 games, registering 40 tackles, two sacks and one forced fumble before being released with the emergence of rookie Alex Singleton.

But Reed wasn't unemployed long, signing with Ottawa less than 24 hours later. In nine games, including eight starts, the native of Beaumont, Texas, has 39 tackles and a sack for the Redblacks. The former SMU star holds no grudges against the Stampeders and won't have an axe to grind against his former team come Sunday.

"Playing against Calgary will be crazy because a lot of those



Redblacks' Taylor Reed, top, and Damaso Munoz tackle the Lions' Anthony Allen on Oct. 1 DARRYL DYCK/THE CANADIAN PRESS

guys I'm still friends with," he said. "There's no animosity by no means."

"Right now, we're just trying to make sure we get our families and the people we want to take (to Toronto) and all the logistics of that. But this week will be preparation first and I'll worry about the Grey Cup when it's game time."

Reed will make his second Grey Cup appearance looking for a much different outcome. He appeared in the 2014 con-

test as a rookie with the Hamilton Tiger-Cats and it was Reed's crucial illegal block penalty that negated Brandon Banks' 90-yard punt-return TD and allowed Calgary to capture a 20-16 win at BC Place Stadium.

"Going back (to Grey Cup) means a lot," Reed said. "Obviously I've been there before and was on the losing side of it."

"And the way it happened, I definitely want to get that win for the city of Ottawa and myself." THE CANADIAN PRESS

GREY CUP

Organizers report spike in ticket sales

Grey Cup organizers are reporting a recent uptick in ticket sales for Sunday's CFL championship game and are confident a sellout crowd will be on hand to watch the Calgary Stampeders play the Ottawa Redblacks at BMO Field.

The Toronto Argonauts reduced ticket prices for the game last month to an \$89 starting price with thousands more avail-

able for less than \$150. That was down from a previous pricing plan where tickets were no cheaper than \$169 apiece.

The CFL club would not reveal Monday how many tickets had been sold, but a mid-afternoon check of the Ticketmaster website showed about 1,700 tickets were still available.

THE CANADIAN PRESS



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CAMPBELL, Allan, 70, November 10
GIBSON, Elsie, 94, November 9
HOLLAND, Violet Ruth, 88, November 11
KMECH, John, 84, November 11
OLEARCZYK, Paul Louis, 91, November 7
SAWCHUK, Gerald "Jerry", 70, November 8

Serenity Funeral Home (780-450-0101)

AKINS, Anne, 85, November 9
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ZUTZ-CHRISTENSEN, 68, November 8

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IN BRIEF

Cardinals head coach Arians hospitalized

Arizona Cardinals head coach Bruce Arians was in the hospital Monday after feeling ill overnight, the team said.

The Cardinals issued a statement that said the 64-year-old coach was not feeling well Sunday night after returning home from Arizona's game in Minnesota and his wife took him to the hospital. All tests conducted so far had come back favourably, the team said.

THE ASSOCIATED PRESS

RECIPE Pasta e Fagioli



PHOTO: MAYA VISNVEI

Ceri Marsh & Laura Keogh
For Metro Canada

This veggie-packed stoup (part soup, part stew: it's a thing!) is the perfect, healthy winter warmer.

Ready in: 35 minutes

Ingredients

- 1 Tbsp olive oil
- 1 onion diced
- 3 cloves of garlic minced
- 1 or 3 stalks of celery chopped
- 3 medium carrots sliced thinly
- 1 yellow or green zucchini, halved and then sliced
- 6 or so mushrooms cleaned and sliced
- 1 14 oz. can of cannellini beans
- 2 cups vegetable or chicken stock
- 1 x 28 oz. can of drained plum tomatoes
- 1 cup whole wheat tubetti pasta
- thyme and rosemary
- 1/2 cup grated parmesan

Directions

1. Sauté onion, garlic and celery in olive oil until they soften, about 3 minutes. Add carrots and cook 2 minutes before adding the zucchini and mushrooms. Let vegetables soften just a bit before adding the stock.
2. Drain the can of cannellini beans and scoop out about a third of a cup and roughly mash it. Put the mashed and unmashed beans into the pot and stir. Cover and simmer for 5 minutes.
3. Drain the tomatoes and add them, breaking them up with your spoon. Simmer for 5 minutes.
4. Add the cup of tubetti, a good pinch of thyme and rosemary and cook for 10 minutes. Add some salt and pepper to taste.

Serves 6

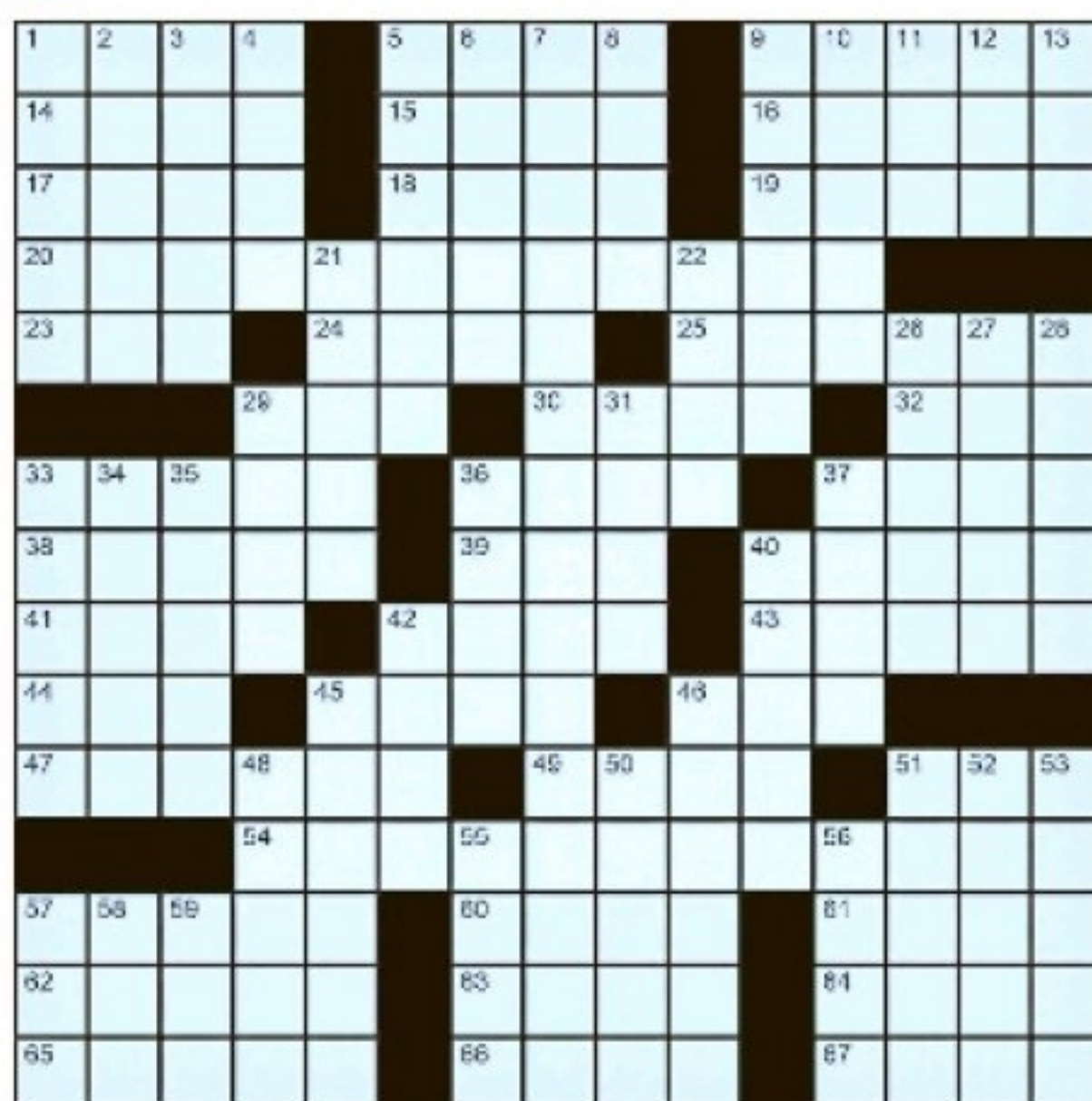
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1. Hollywood headliner
5. _ fide (Authentic)
9. Tightfisted
14. _ down the runway
15. "All By Myself" by _ Carmen
16. Kitchen appliance
17. "Step _ _" (Pick up the pace!)
18. Musicals lyricist Tim
19. Boring tool
20. Woodstock, New Brunswick born lead singer of April Wine; 2 wds.
23. _ de deux
24. _ _ Ration dog food
25. _ _ balloon
29. Break a Commandment
30. Balanced
32. Open with might
33. Clean, clean, clean...
36. Hearty meal
37. Top- _ washer
38. Country singer Mr. Black
39. Driver's 4x4, commonly
40. Maison's entrance
41. Military level
42. Guitar bar
43. Autumn flower
44. Noah's creation
45. Sense
46. Lots of mins.
47. Spice mixture of India
49. Assist in wrong-doing



51. Gent's title
54. _ _ National Historic Site of Canada (Hudson's Bay Company installation built in 1833 in the Northwest Territories)
57. Tony _ (Former British PM)
60. Land-on-water

61. Helix
62. Baseball legend Yogi of famous quotes
63. Nickel, for one
64. Angela's mother on "Who's the Boss?"
65. Desert transport
66. Deep _ bends (Gym moves)
67. Jumpy

DOWN

1. Take big bold steps
2. Ms. Roberts of "Charlie's Angels"
3. Botanical leaf-to-stem angles
4. Ancient temple ceremony, for one
5. Candice of 1988 to

- 1998 comedy "Murphy Brown"
6. The Hunter constellation
7. Songstress of late-'70s chart-topper "Lotta Love" (Trivia! It was written by Neil Young); 2 wds.
8. Perfected

9. Colouring book colourer
10. Regularly frequented hangout
11. The Queen's lang.
12. 'Foot' finisher
13. 'P' in MPH
21. Avoid, as an issue
22. "Is it ever hot!"
26. Towards the ship's left side
27. Totally ticked
28. _ Cup (Golf trophy)
29. "You _ My Battleship!"
31. Depilatory brand
33. "Buzz off!"
34. Santa _ , California
35. Sounds from the sties
36. Certain
37. Business write-off
40. _ Quebecois (Political group in Quebec)
42. " _ Factor"
45. Blooming
46. Roch Voisine title song lady
48. Burning
50. Negate
51. Hair accessory
52. Cupcake topping
53. Convey
55. Foe in Fido's fur
56. Highest point
57. UK network
58. Ms. Michele
59. Strong- _

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
You will enjoy travelling today. You also will enjoy studying something new. Discussions about politics, religion and racial issues will be positive. (How refreshing.)

Taurus April 21 - May 21
This is an excellent day to decide how to divide an inheritance or deal with shared property, taxes, debt and insurance issues. All parties will be upbeat and positive.

Gemini May 22 - June 21
Relations with partners and close friends will be positive and fun-loving today. People are willing to look for solutions instead of focusing on problems.

Cancer June 22 - July 23
Work-related travel is likely today. This also is an excellent day to propose an idea to co-workers, because they likely will endorse you.

Leo July 24 - Aug. 23
Enjoy playful activities with children today. This also is a great day for a vacation or social occasions. Even teaching children will be a positive experience.

Virgo Aug. 24 - Sept. 23
You feel encouraged about home improvements. In fact, family discussions will be particularly positive today. It's a good time to implement your ideas.

Libra Sept. 24 - Oct. 23
Whatever you do today, you will be ambitious and expansive with your plans and ideas. You're not afraid to think big, because you feel confident!

Scorpio Oct. 24 - Nov. 22
This is an excellent day for business and commerce. Whatever you initiate likely will create a profit for you today and in the future.

Sagittarius Nov. 23 - Dec. 21
You are eager to talk to others today because you have big ideas and you want to share them with someone. The force of your enthusiasm will make others agree with you, because nothing succeeds like success.

Capricorn Dec. 22 - Jan. 20
Behind-the-scenes research will go well today, because you are confident that you will find what you're looking for.

Aquarius Jan. 21 - Feb. 19
Conversations with young people will be upbeat today. If you talk to a group, people will quickly fall in line with your suggestions because you are confident and positive.

Pisces Feb. 20 - March 20
This is an excellent day to talk to bosses, parents and VIPs. Make your pitch and push your agenda, because people are in such a positive frame of mind today, they probably will say "yes."

CONCEPTIS SUDOKU by Dave Green

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*\$1,500 bonus available on any new 2016 Fit model. Must be leased/financed through Honda Canada Finance Inc and delivered by November 30, 2016. Bonus can be combined with lease or finance rates advertised by HCFI and will be deducted from the negotiable vehicle price after taxes. Price includes freight, PDI, block heater, locking lug nuts, theft protection, tire and rim protection, air tx, tire levy and AMVIC fee. Vehicles may not be exactly as illustrated. Offer ends November 30, 2016. Vehicles available at time of printing. See dealer for details.